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The Inglis Newsletter

Spring  
2015

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Making Our House  
A Home

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Ability &  
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Redefined.

# Ken Regan – Developing from the Heart

**For real estate developers Ken and Larry Regan, creating affordable, accessible housing is really a family affair.**

The brothers formed Regan Development Corporation in the late 80s, but they had seen the benefits of providing affordable housing thanks to their father who had been developing those properties since the 60s.

Because of what their father accomplished, they wanted to focus on the same industry. “Although we’re a for-profit company, we understood the social benefit also,” Ken said. “Housing costs are too high, people are paying 40-50% of their income. Though not an easy niche, it helps others.”

Although the brothers fully appreciated the demand for affordable housing, the need for accessible housing didn’t hit home until 2003 when Ken was diagnosed with Multiple Sclerosis (MS). “I was not prepared,” he said. “But I spent a lot of time researching MS and what it meant and would mean.”



That research brought him to his local MS Chapter. “They provided great support and through them I learned more about the great need for affordable housing that was also fully accessible,” he said. “I offered them our expertise to develop independent living opportunities for people with MS and other disabilities, and we built our first accessible housing community, Kershaw Commons in Freehold, NJ.”

Ken met Inglis President & CEO, Gavin Kerr, through his MS Society connection. They began discussions for Inglis Gardens at Belmont, a new model of housing combining units for those without disabilities

and those transitioning from nursing homes to independent living – a first focusing on this specific population.

“It’s very rewarding to build an environment that provides independent living with supportive services, along with affordable housing for people without disabilities,” says Ken. “We are fortunate to partner with an organization like Inglis.”

“Housing for people with disabilities is woefully inadequate, but it makes such a difference. My brother Larry and I feel so rewarded putting keys in people’s hands and seeing their joy.”

## ◀ **Meet Mary Czyzyk, PCC Champion & Inglis Resident**

*Mary lives on 3 South, the first neighborhood renovated as part of our Person Centered Care (PCC) initiative thanks to Dixie’s generous donation. Mary is an active participant in implementing PCC at Inglis. She participates in the PCC Steering Team and is a Person First trainer, helping Inglis residents and staff to explore what it means to live and work in a “person centered” environment. Mary also co-chairs Inglis’ PEERS group, a mentoring group for residents.*

